### Packing List

Clothing & Accessories:

□ T-shirts (NO Tank-tops, spaghetti straps, or muscle shirts (for guys and girls,

#### leaders and students)

- □ Shorts (These must be modest in length)
- □ Jean and/or long pants (everyone needs to bring at least 1 pair)
- 🖵 Pajamas
- Closed-toe shoes for ministry sites
- Undergarments
- Hat and/or Bandana
- □ Flip flops for around the housing site and showers, but **NOT** at the worksites
- □ Sweatshirt/sweater (for in the evenings) optional
- □ Swimming suit (A **modest swimsuit, i.e., tankini or one piece is required** for girls. The pools we swim at will not allow shirts to be worn in the pools.)

#### Toiletries:

- DEODORANT
- Shampoo
- □ Soap/body wash
- 🖵 Towel
- □ Toothbrush/toothpaste
- Other personal hygiene items

#### Miscellaneous:

- 🖵 Bible
- Journal/notebook
- □ Spending money. We recommend that each person have \$50
- Sunglasses
- Beach towel for swimming
- □ **Refillable/reusable water bottle** -every participant MUST have a water bottle with them the entire week, TPP does not give out plastic cups (*I would bring more than 1 bottle*)
- □ Ipods, cell phones, electronics may only be used during **free time**, but we recommend leaving them at home.
- □ Sleeping bag or sheets and blanket. (Everyone will sleep on a mattress)
- 🖵 Pillow
- □ Plastic garbage bag to store dirty clothes

#### Leave at Home:

- Expensive personal items
- □ Drugs, alcohol, tobacco products, fireworks, firearms, knives, and weapons of any kind **No Exceptions!**

## **Participant Expectations**

# While participating at The Project I will see to demonstrate my love for Christ and for others by agreeing to...

- **Commit to learning more and sharing the Gospel**. Through participating in my group's youth ministry and pre-trip meetings, I will open myself up to learning how to learning more about Christ, service, how to share the Gospel and take advantage of the opportunities presented to me to share the Gospel.
- Seek to grow in prayer life and community. I will seek to grow in my prayer life and in my relationship with those in my youth group.
- Keep myself healthy. I agree to not use tobacco products, alcoholic beverage, or illegal drugs. I will eat a well-rounded meal at all meals to give my body the energy it needs to serve hard all week.
- Maintain a safe environment for myself and those around me. I agree to not have possession of or use any firearms, pocketknives, or weapons of any other kind.
- Work to the best of my ability. I commit to working to the best of my ability because I know and understand that I am here to serve others and my attitude and work ethic affects those that I am serving and those in my team.
- Follow the dress code. I agree to bring clothes that comply with the dress code. I will dress, at all times, in a manner worthy of an ambassador of Christ.
- Stay in designated areas. I agree to stay with the group at all times. I understand that I cannot leave the ministry site or housing location without the permission of one of my group leaders. Note: Girls' will not be in the boys' rooms, and boys will not be in the girls' rooms.
- **Respect the privacy of others.** I understand that others' possessions must not be tampered with or taken. I expect others to grant the same measure of respect to my privacy and possessions.
- Maintain a clean environment. I will do my best to keep all areas of the housing facility clean and free from trash and clutter. I will respect the property and grounds serving as "home" for all participants for the week. I understand that any property I damage will be my personally responsibility.
- **Demonstrate a Christ-like spirit.** My attitude will be like that of Jesus (Phil 2:5).

I have read the responsibilities listed above and the dress code and agree to follow them during the weekend I am participating with the Project.

Signed:\_\_\_\_\_ Date:\_\_\_\_\_

Name: \_\_\_\_\_

Your registration to attend The Philadelphia Project is your commitment to accept and abide by the guidelines and responsibilities outlined in the Participant expectations.